



Metuchen Senior Center
15 Center Street
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732-632-8524/8502

April Newsletter

Make sure to look at the calendar for what's happening this month at the center . We will be running another trip to Uncle Giuseppe's on the 16th a sign up sheet is on the white board,, we are adding another Zumba class on Thursdays 2pm starting April 3rd, a luncheon on the 15th, We will be closed on the 18th for good Friday. Residents continue to have a free membership and our friends from out of town may still join the low rate of \$65/year. You may renew online from your phone or home computer, or get Wendi or Bri to assist you.

We plan on continuing with the great selection of events and activities that we've been providing and intend on adding more throughout the year—some will be fun and entertaining and some will be educational—just continue reading the Facebook page, white board, and the calendars.

Center Hours:

Monday-Friday
9am-3pm

Bus Shuttle Hours:

Monday-Friday
9am-2:30pm

Daily Classes:

- Monday—Ceramics
- Tuesday – Zumba
- Wednesday—Walk With Wendi & Line Dancing
- Thursday—Art & zumba
- Friday—Chair Exercise



April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	10:15 Bingo 11:00 Zumba 11:30 7's	9:00 Wendi Walk 10:00 7's 10:00 Mahjong 11:00 Walmart 12:30 Line Dance	10:00 Cards 10:30 Art 11:00 Tano Mall 11:00 Therapy exercise 2:00 Zumba	10:00 Rummikub 10:00 Marshalls 11:00 Chair 12:00 Chair 1:00 canasta
7	8	9	10	11
9:30 Ceramics 10:00 Bridge 10:00 Crazy 8's 10:00 Shoprite 11:30 Spring Trivia	10:15 Bingo 11:00 Zumba 11:30 7's	9:00 Wendi Walk 10:00 7's 10:00 Mahjong 11:00 Woodbridge 12:30 Line Dance	10:00 Cards 10:00 chair yoga 10:30 Art 11:00 Tano Mall 2:00 zumba	10:00 Rummikub 10:00 Aldi 11:00 Chair (dumbells) 12:00 Chair (dumbells) 1:00 canasta
14	15	16	17	18
9:30 Ceramics 10:00 Bridge 10:00 Crazy 8's 10:00 Shoprite	10:15 Bingo 11:00 Zumba 11:30 7's 12:30 Luncheon	9:00 Wendi Walk 10:00 7's 10:00 Mahjong 11:00 Giuseppe 's 12:30 Line Dance	10:00 Cards 10:00 chair yoga 10:30 Art 11:00 Tano Mall 2:00 zumba	
21	22	23	24	25
9:30 Ceramics 10:00 Bridge 10:00 Crazy 8's 10:00 Shoprite	10:15 Bingo 11:00 Zumba 11:30 7's 12:00 Movie	9:00 Wendi Walk 10:00 7's 10:00 Mahjong 11:00 Walmart 12:30 Line Dance	10:00 Cards 10:00 chair yoga 10:30 Art 11:00 Tano Mall 2:00 zumba	10:00 Rummikub 10:00 Target 11:00 Chair 12:00 Chair 1:00 canasta
28	29	30		
9:30 Ceramics 10:00 Bridge 10:00 Crazy 8's 10:00 Shoprite 11:00-1:00 NADI Health Screening	10:15 Bingo 11:00 Zumba 11:30 7's	9:00 Wendi Walk 10:00 7's 10:00 Mahjong 11:00 Walmart 12:30 Line Dance		