



Metuchen

MUNICIPAL ALLIANCE

PARTNERING FOR A DRUG FREE COMMUNITY

The Metuchen Municipal Alliance and the Metuchen Public School District welcome our residents and neighboring communities to join us for an educational parent series program. This is a **FREE** program **for adults over 21 only** that will consist of **three** monthly workshops discussing important health topics affecting today's youth. These topics were chosen based on suggestions from participants answering the survey that was distributed after the DEA presentation of **Hidden in Plain Sight** at Edgar Middle School, December 2017.

Please mark your calendars!

Refreshments will be served

March 21 - **Technology Dependence**
and the Impact of Technology on Substance Abuse, Anxiety, Depression and Suicide
Metuchen High School Cafeteria 7pm

April 26 - **Current Adolescent Trends**
Alcohol, Tobacco, Vaping, Opiates and Marijuana Extractions
Metuchen High School Library 7pm

May 14 - **Middle School GPS - Mapping Out Success Strategies**
Edgar Middle School 7:30pm (for current and incoming Edgar MS parents ONLY)

Workshops presented by: Kriger Consulting, John K Kriger, MSM, LCADC, CPS

About our Presenter: John is a nationally and internationally recognized keynote speaker, author, consultant and content expert presenter. He specializes in the health services arena, providing consulting, keynote addresses and dynamic workshop presentations on public speaking for improving advocacy, transformational leadership, emerging management and team development. Currently he speaks extensively on technology dependency related to anxiety and depression, violence in the home, school and workplace, and the threats of online predatory behavior. John holds a Bachelors of Science Degree in Human Services, a Masters of Science Degree in Management and is a New Jersey Licensed Clinical Alcoholism and Drug Abuse Counselor and a Nationally Certified Prevention Specialist.



These presentations are funded by the Metuchen Municipal Alliance Grant received to provide Prevention, Education and Awareness for our Community through the Middlesex County Department of Health and Human Services and the Governor's Council on Alcoholism and Drug Abuse. For more information about these presentations and other events please find us on Facebook: www.facebook.com/MetuchenMunicipalAllianceYSB/